



FREEDOM, MAINE 04941

HIDDEN VALLEY CAMP

A Summer Arts and Outdoors Community for Children Ages 8-14

Packing Suggestions for Summer Staff

- **Please keep in mind** that on our coolest nights the temperature may be 50 F (10 C) and a heat wave can bring high daytime temps of 95 F (35 C).
- **It will rain** from time to time, occasionally for long periods. On rainy days we proceed with most planned activities, assuring that you will be outdoors in all sorts of weather.

Packing Basics

- shorts, pants, shirts (long and short sleeve)
- underwear and socks
- 2 pairs of light shoes, sandals or sneakers
- 1 pair of solid shoes or hiking boots
- 2-3 bathing suits
- pajamas, bathrobe
- raincoat, hat, rain boots
- warm jacket, fleece, sweatshirt (2)
- 4 towels and 2 washcloths
- laundry bag with your name on it
- hygiene items (soap, etc.)
- flashlight and extra batteries

Bedding is Necessary:

Sleeping bag or blankets and sheets and pillow cases. (We provide pillows, but because supplies are limited, must reserve our blankets and sheets for campers only.)

Optional:

Reference books; costumes, etc. for theater; musical instruments; tennis racket; dance outfits; music and players for dance.

Important Notes:

Laundry: You are responsible for yours. Coin-op machines are located in nearby towns, and in camp's staff cabin as well.

Valuables: We strongly suggest that you leave unneeded valuables (especially jewelry) at home! We do not want you to be disappointed, as possessions of sentimental value can be easily lost in this hectic and informal environment. We provide combination lock boxes to keep travelers' checks, passports, etcetera in safekeeping.

Technology at HVC: Cell phone use is prohibited on camp property as are gameboys, etc. belonging to children.

This policy is firm and applies to all staff, campers and visitors. It is rooted in our philosophy that the success of the camp community and its many members depends on individual expression and the richness of group life. Camp's goals are not attainable if community members are tuned out.

Finally: HVC's potters will help you make a custom coffee mug during staff training time.

Packing Tips from Former and Current Staff

- *Outdoor sandals like "tevas" or "keenes" are more dependable than flip-flops as you will be doing a lot of walking around camp.*
- *Quality rain jacket and boots (as opposed to stuff that will soak through after a short time outdoors.)*
- *A nice warm sweatshirt or fleece.*
- *Crazy creek portable camp seat.*
- *'Day-pack' or similar small bag (to carry notebooks, class supplies, etc., during the day.)*
- *Water bottle.*
- *Bug repellent (must be roll on; no spray please.)*
- *Flashlight wisdom... Some staff recommend ones that are small in size and clip to a belt loop or key chain. Others suggest a headlamp.*
- *A timepiece (separate from phones which are not allowed on camp while working see below.)*
- *Stamps and envelopes and something to keep them in.*
- *Journal and pens.*
- *Small tent (helps on nights off if you want to sleep off camp.)*
- *Cars give you flexibility on off time, though remember that others will drive to camp and people do share on off time.*

Further Questions?

Email summer@hiddenvalleycamp.com

Go to the Hidden Valley Camp • Staff page on **Facebook**.